



2022 ANNUAL REPORT



EXECUTIVE DIRECTOR'S STATEMENT

This year has been truly momentous! 2022 was not without its challenges, but our ability to hold fast to our mission has proven stronger than any obstacle. I am so proud of our team, including our staff, volunteers, board members, and supporters for the strength they lend to Harmony Hope Stables. We are seeing great outcomes in the children we serve, and that is a direct reflection of our excellent teamwork!

Our human team is not the only star of our show! Our animals have profoundly changed lives through therapy sessions, music lessons, and just being there for a cuddle. The addition of The Serenity Circle in 2022 has added another beautiful space for harmony, hope, and healing to manifest. Our newly-added retreats and goat cuddling/nature walk sessions are helping to serve our community in a broader sense and raise awareness of the considerable therapeutic value of animals and music.

Welcome to the ranch! Harmony Hope Stables is a place where children with significant challenges are learning to play instruments, parents enjoy their time in nature as their child participates in equine therapy services, teens are forming deep connections with mentors, everyone enjoys live music around our campfire, and we even have new songwriters in our midst!

We have grown into a therapeutic mindfulness experience for everyone. Between the music and the animals, our ranch has become a healing space for all to enjoy. As a whole, we have developed the ideal peaceful and therapeutic atmosphere, perfect for the mission of Harmony Hope Stables. I am so incredibly grateful for the past year and excited to see what 2023 brings!

With hope always,



KRISTI HUDDLESTON

Founder/Executive Director

FINANCIAL OVERVIEW



During 2022 we served more than 50 individuals and 15 families with the help of 4 local businesses and 26 private donors that have contributed to our organization and are helping to grow our mission.

Our volunteers contributed 400 hours of their time in 2022!

The continued support of our community and individuals like you will ensure that our programs reach every child in need locally.

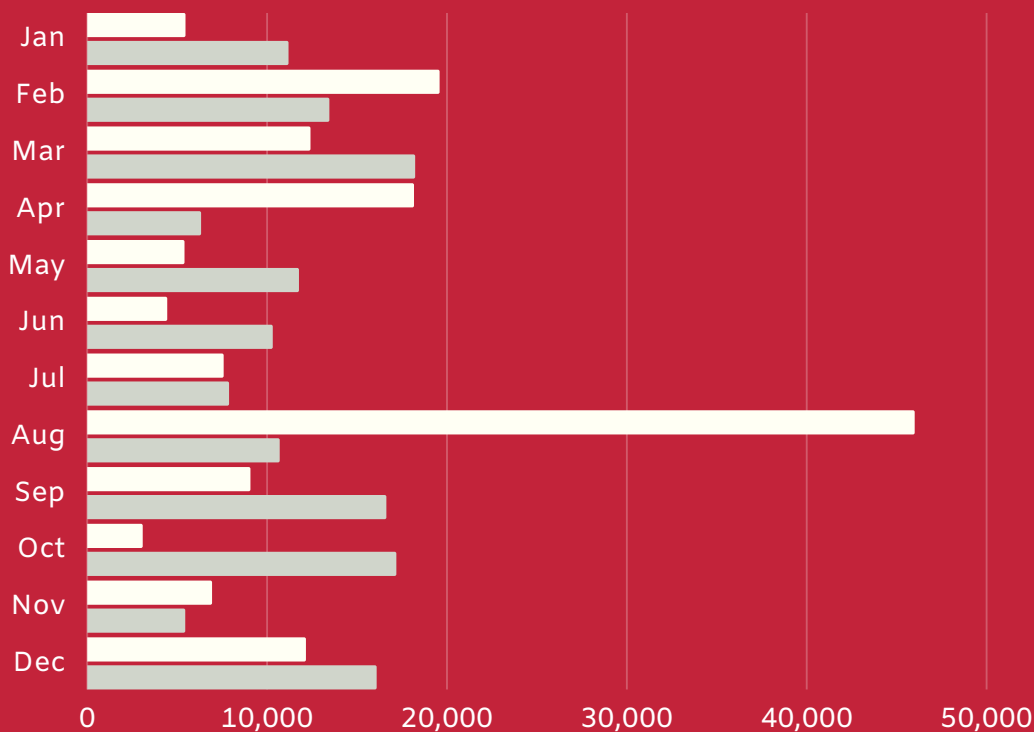


Figure 1.

Graph shows total income and expenses throughout 2022.

Total Income (white)=
\$149,954.28

Total Expenses (grey)=
\$144,718.43

Carry-over = \$5,235.85

In 2022

January-March

- Sharkey Air donated an air conditioning unit and the labor to install it inside our music therapy room, tack room, office, and future bathroom at the ranch. Baker Distributing Company donated the compressor!
- \$12,910 donation received from Denise LeClair Robbins.
- \$20,000 grant received from Hope Lives Foundation.
- In addition to our regular students, we were able to serve a group of special needs children from the ARC of Martin County. The students came to the farm for 5 sessions of equine assisted learning and had fun at the pipe organ and drum cymbal sensory stations.
- Signed an MOU agreement with The Child Advocacy Center to become an equine therapy provider for clients that may need our services.

April – June

- Received a donation of \$4,553.13 from the Treasure Coast Photography Center, Inc.
- Held “Bowl for Hope” at Stuart Bowl to raise funds to support our programs.
- \$5,000 donation received from Chemplex.
- RMS Arc Solutions donated the electrical work to complete the air conditioner installation.
- Construction of “The Serenity Circle” was donated by the Huddleston family in memory of loved ones lost. The circle is now serving as an additional place of harmony, hope, and healing. Some activities in the circle include moments of silence to enjoy nature, aromatherapy deep breathing sessions, and Songs for Sanity campfire music events.
- VIBE Leadership Award Ceremony was held to celebrate program graduates!
- Construction projects were completed during the summer, including stripping and sanding the floors and painting the walls of the Music Therapy Room. Concrete was poured for the future bathroom and equine wash rack.

In 2022

July-September

- New window installed in Music Therapy Room.
- Welcomed Caroline Vineyard as Treasurer to our Board of Directors.
- Welcomed new team members, Grace McCombs as Assistant Barn Manager, LCSW, Leigh Hayden, and we were able to hire one of our very own Vibe Leadership students, Finn Lasaga as a barn/horse care assistant.
- Partnered with Nancy Dunn, Manager of Equine Rescue and Adoption Foundation to help with the rescue of a Thoroughbred named, Luna who is now part of our equine therapy horse team until she goes to her forever home.

October – December

- Hosted first Mindfulness Self-Care Retreat.
- Gained Martin County Community Action Coalition as a new community partner. Together, we hosted a Songs for Sanity Friday Night Done Right event for teens which included a drug awareness presentation
- Decorated a Harmony & Horses-themed Christmas tree to be auctioned off by Hope Lives Foundation and then donated to a child in need in our program.
- Hosted a Volunteer Appreciation Awards Party
- Built partnerships with 3 Natives of Stuart in which they are committed to helping sponsor gift cards as prizes for events and donate food.
- Welcomed new barn/horse care assistant, Alice DeLuca to the team.

A special **Thank You** to all who donated items from our Horse Care Wish List!



https://www.amazon.com/hz/wishlist/ls/3H5Z8SFR93MRX/ref=nav_wishlist_lists_1

In 2022:

Harmony & Horses

- 29 children served
- 119 sessions
- 178 hours

Family Drum Circles

- 15 families served
- 1 drum circle held

Guitar/ Ukulele lessons

- 7 children served
- 116 lessons

Vibe Leadership Pilot

- 15 teens served
- 53 sessions
- 106 hours



Program Outcomes

This Year's Donors

We cannot thank our generous donors enough for their contributions during 2022. Without those donations we would not be able to fulfill our mission at Harmony Hope Stables.

Thank you to...

The AshBritt Foundation

Chemplex

Denise LeClair-Robbins Trust

Dipompeo Construction Corp

Donald T Robberstad

Michael Rutledge

Tony and Susan Sabatino

Treasure Coast Photography

Our Sponsors



And a very special *Thank You* to our anonymous donors and foundation who contributed over \$48,000!

A BIG Shout Out to...

In 2022 one of our biggest projects to date, construction of a bathroom for our staff, participants, families, and volunteers, began!

We want to give a **big** shout-out and **thank you** to the companies who donated their time, expertise, and talent to help us get this project underway:

- Sharkey Air donated AC, electric work, and labor for the bathroom.
- Chemplex donated fund towards the bathroom and purchased items from our wishlist.
- Aqua Dimensions donated labor to install the plumbing for our bathroom.



Thank you!

2023 Goals

- To raise \$4,000 to complete our bathroom project carrying forward from 2022.
- To build partnerships with local construction companies or other organizations willing to donate their time to help us with building renovations and to paint the exterior music therapy barn and wood fencing throughout the property.
- Hosting leadership and mindfulness self-care retreats at the farm for groups as a way to offer our services to all in need. Proceeds from the retreats help to support the children's programs at Harmony Hope Stables and can be booked during weekday hours when children are in school or on weekends.
- Our Inaugural Boots and Blue Jeans Ball will be happening this fall. If you are interested in becoming a sponsor please complete our sponsorship form on the next page and submit it to info@hhstables.org.





Event Sponsorships

Quarter Note~ \$500.00

2 VIP Tickets at VIP Table

Company recognition in event program
Company logo and website link on HHS website

Half Note ~ \$1,500.00

4 VIP Tickets at VIP Table

Company logo on all pre-event promotional materials
Company recognition in event program
Company logo and website link on HHS website
Company logo and sponsorship announcement on all HHS social media
Sponsorship will help pay for sun sails needed above goat playground to make children more comfortable during their time interacting with the goat herd.

VIP Table of 10 Guests~ \$2,000.00

Table of 10 guests in VIP section
10 tickets for VIP Barn Tour & Goat/Mini Horse Petting Arena

Bass Clef ~ \$2,500.00

6 VIP Tickets at VIP Tables & VIP Barn Tour

6 Tickets for Goat & Mini Horse Petting Arena

Event signage and logo placement at the event

Company recognition in event program

Company logo on all pre-event promotional materials

Company logo and website link on HHS website

Company logo and sponsorship announcement on all HHS social media

Sponsorship will help pay for sun sails needed above goat playground to make children more comfortable during their time interacting with the goat herd.

Treble Clef ~ \$5,000.00

10 VIP Tickets at VIP Tables & VIP Barn Tour

10 Tickets for Goat & Mini Horse Petting Arena

Event signage and logo placement at event

Company recognition in event program

Company logo on all pre-event promotional materials

Company inclusion and recognition on all HHS press releases

Company logo and website link on HHS website

Company logo and sponsorship announcement on all HHS social media

Sponsorship will pay for a child to attend the equine program at HHS program for 3 months plus help pay for the sun sails needed above goat playground to make children more comfortable during their time interacting with the goat herd.

Grand Staff \$10,000.00

15 VIP Tickets at VIP Tables & VIP Barn Tour

15 Tickets for Goat & Mini Horse Petting Arena

Recognition as a Grand Staff Sponsor in all press releases

Recognition as a "Cocktail Hour" Sponsor

Exclusive logo placement at the event

Company recognition in event program

Company logo on all pre-event promotional materials

Company inclusion in the HHS press releases

Company logo and website link on HHS website

Company logo and sponsorship announcement on all HHS social media

Special recognition during the event

Sponsorship will pay for a child to attend the equine program at HHS for 6 months plus help pay for sun sails needed above goat playground to make children more comfortable during their time interacting with the goat herd.

Boots & Blue Jeans

Gala

Event Sponsorship Information Form

Sponsorship level: _____

Name of contact person: _____

Name of Company/Organization/Individual to be recognized
as sponsor: _____

Phone number: _____

Email: _____

Website: _____

Social media handles: _____

Please email this form and your logo (if applicable) to
info@hhstables.org at your earliest convenience



From the Heart...Our Parents Tell the Story

As a parent of a child with a disability, we sometimes feel hopeless, helpless, and at a loss for words; therefore, we must remain grounded in our faith, hold on to hope, and love unconditionally. It's also important for us to find creative ways to help our children grow, learn, and develop—finding Harmony Hope Stables has been such a blessing to my family and an answer to my prayers.



My son Cayden is nine years old and was diagnosed with sensory processing disorder at age four. Two years ago, he began Equine Therapy at HHS, and that's when horses started changing his life. Cayden has always had profound love and interest in animals, but he struggled with being calm, quiet, and gentle around them. When Cayden first started at HHS he was in individual equine assisted learning classes where he was taught how to care for horses and ride a horse. It was through his hard work and relationship building with the horses that he learned empathy, mindfulness, confidence, and self esteem on the ranch, at home, and in the classroom. In addition, he learned techniques on how to manage his anxiety and emotions better. During Cayden's first year at HHS, he also participated in group music therapy, which allowed him to express himself through music while having fun and interacting with his peers.

This year, HHS staff recommended that Cayden participate in group equine assisted learning to further develop and help improve his social skills, such as making friends, waiting his turn, showing empathy, practicing patience, and minding his manners. At first, we were both a little nervous about starting this type of equine therapy with Cayden because he struggles with managing his emotions and behavior; however, we were hopeful that this would be of great benefit to him. As it turns out, this is exactly what Cayden needed to improve. He has changed the way he interacts with his peers, our family, and especially his brother. He has learned patience, ways to manage his emotions, and the art of waiting his turn. Working with the horses, his peers, and the HHS team brings a sense of peace and tranquility over Cayden and for that our family is forever grateful.

Thank you, Kristi and the HHS Team for making a difference in our lives and the community!

Rochelle Popp-Finch, Mother of Cayden

Harmony, Hope, and Healing



We want to thank Kristi, Heather and all the volunteers and staff at Harmony Hope Stables.

We started the year in tears needing help with our daughter. The love, care and training she has received this year has brought visible changes to her behavior and mind. She will sing songs that she has learned at Harmony Hope Stables to regulate herself and she has even sung them for her friends when they were upset!

The animals bring so much joy and peace to our daughter and the grooming gives her a sense of responsibility and confidence. There are not words to thank you for all your time and love and hard work. Thank you from the bottom of our hearts.

Susie's Parents



Conclusion

Throughout 2022 we stayed the course of our mission and delivered on our promise to provide harmony, hope, and healing for children in need. Our programs are growing, our reach is expanding, and our vision is coming to life!

We ask that you consider opening your hearts to help a cause that's so important. Your contributions, no matter the amount, make a lasting and life-changing impact. We have accomplished so much but we still have a long way to go and many, many more children to help. We're all in this together, and these children need us.



Get in Touch!

We'd Love to Hear from You!

General Inquiries: info@hhstables.org

Website: <https://hhstables.org>



@harmonyhopestables



HarmonyHopeStables